

## Youth Activity/Devotion

3-25-2020

Start with a game: *Animal...Bird...Fish*

Sit everyone in a circle, and select someone to start. This person (person a) walks up to any other person (person b) in the group and says either "animal" "bird" or "fish."

The person (b) must then name a specific one of these that has not yet been said during the game, before (a) counts to 10. If (b) succeeds, (a) stays in the middle and quickly approaches a new victim. If (b) cannot think of one in time, he or she goes to the middle, and (a) returns to his seat.

Ask your child: "How you ever felt like you were put on the spot?" (you may need to explain that phrase to some younger ones...) Sometimes we can do things easily, unless the pressure is on! Things that we are usually able to do quickly can become difficult if we feel pressure to do them. Ask your child to share some examples they can come up on their own: Do they play sports (sometimes performing in a game can be more difficult than performing in practice)? How about singing or playing an instruments? What about when the teacher calls on them to answer a question in school?

As Christians, we are going to face pressures based on our faith. We need to be sure we put in the "practice" so that when it comes time to perform, we are ready. Our practice takes place when we pray, when we read God's Word, when we spend time together in worship. We can never underestimate the power of the little things we do every day to better know God.