

Youth Activity/Devotion

4-8-2020

Start with a game: *The floor/ground is lava*

I imagine that we have all, at one time or another, played this game. Choose an area (inside or out) that you and your family can run around in that also has areas where you can, when prompted, get your feet off the ground/floor. Instruct everyone to run around in the defined area (you can incorporate a game of freeze tag to make it more interesting) and when you say "The floor is lava!" everyone has to quickly get themselves off the floor/ground. You can make it an elimination game if you want by eliminating the last person to get off the ground each round until only one remains.

When Jesus was tempted, he said no immediately. He was quick to react and respond. We too need to learn to react quickly when tempted to do something that we know we shouldn't do and that would not like. We develop that "reaction" time by spending time in prayer and time in God's Word.

Read 2 Timothy 2:22

This verse reminds us where to go to get safe from temptation. It says to pursue righteous living, faithfulness, love and peace. Those are like the chairs, couch, trees, playsets we retreated to when the floor turned to lava. Knowing where to go and how to stay safe from temptation is important learning for us all.